



St. Stephen's College Preparatory School
聖士提反書院附屬小學

Boarding Programme 寄宿課程 2026 - 2027





Boarding Programme

寄宿課程

Aims of the programme 課程目標

We train students 培養學生：

To be independent, confident and disciplined

獨立：有多方面技能，具自信，守紀律

To be co-operative and helpful to others

團隊精神：有領導才能，樂於助人

To be able to appreciate, value and enjoy various art forms

有氣質：享受生活，熱愛藝術

To be able to respect oneself, with a sense of righteousness, and to have a passion for life, family and society

自愛：有正確價值觀，熱愛生命，熱愛家庭及社會

Boarding Programme

寄宿課程

We provide我們擁有:

Well equipped dormitories and facilities
設備完善的宿舍及配套

A tranquil environment and a spacious campus
寬敞的校園及幽美的環境

Resourceful manpower
充足的人力資源

2 house wardens (girls warden is a registered social worker) and 20 resident tutors (including 2 full-time instrument teachers)

2位男女舍監(女舍監為註冊社工)
及20位在校住宿老師(包括
2位全職樂器老師)



Boarding Programme

寄宿課程

Practical Life Skills Training
實用生活技能訓練

Cultural Activities
文化薰陶

4 Major Aspects
四大訓練領域

**Personal
Management
Programme**
個人應用管理訓練

Community Service
社會服務



Community Service

社會服務

A new aspect added to ensure that:
讓同學：

The students learn to appreciate what they have in life
懂得珍惜及感恩

They are exposed to the less privileged in the society
接觸弱勢社群

They have a chance to contribute to the well being of the society
有機會回饋社會



Personal Management Programme

個人應用訓練課程

Teamwork, Leadership, Problem Solving,
Communication Skills

團隊協作 · 領袖訓練 · 解難及溝通技巧訓練

A 20-hour course comprising of 10 weekly sessions,
conducted by specialists.

由專業人士負責授課，每星期上課一次，
整個課程上課10次，共20小時。



Cultural Activities

文化活動

- Festival Celebrations
節慶活動
- Chinese Calligraphy
寫揮春
- Christmas Carolling and
Parent-Child Dinner
聖誕報佳音及親子聚餐
- Cultural Shows
文化節目欣賞
- Cultural Visits
文化參觀與體驗

Practical Life Skills Training

實用生活技能訓練

- Cooking and domestic skills
烹飪及家務
- Table etiquette
餐桌禮儀
- Basic first-aid
簡單急救
- Camping
露營
- Sewing
縫紉
- Shoe Polishing
刷皮鞋
- Woodworking
木工

Boarding Timetable

Time	Mon	Tue	Wed	Thu	Fri
06:30–7:00	-----	Rising Bell / Room Inspection			
07:00-7:30		Morning Exercise			Morning Prayer
07:30-07:45		Breakfast			
08:10-15:20	School Routine				
15:20-16:15	Extra-curricular Activities				
16:15-17:00	Tea Break/ Shower				-----
17:00-18:30	Prep Time		Instrument Practice/ Revision	Prep Time	
18:30-19:00	Dinner				
19:00-19:45	Instrument Practice		Prep Time	19:00-19:30 Instrument Practice	
19:45-20:30	V.A. Programme/ Library Time	Language Programme		19:30-21:00 Life Skills Training/ PMP Training Programme	
20:30-21:00	Leisure Time				
21:00-21:15	Room Inspection				
21:15-21:30	Reading Time				
21:30	Light Out				