



St. Stephen's College Preparatory School
聖士提反書院附屬小學

Boarding Programme
寄宿課程 2020 - 2021

寄宿課程

Boarding Programme

課程目標 Aims of the programme

培養學生 We train pupils:

- 獨立: 有多方面技能，具自信，守紀律
to be independent, confident and disciplined
- 合群: 有領導才能，樂於助人
to be co-operative and helpful to others
- 有氣質: 享受生活，熱愛藝術
to be able to appreciate, value and enjoy various art forms
- 自愛: 有正確價值觀，熱愛生命，熱愛家庭及社會
to be able to respect oneself, with a sense of righteousness, and to have a passion for life, family and society

寄宿課程

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我們擁有:

We have:

- 設備完善的宿舍及配套
well equipped dormitories and
enviable facilities
- 寬敞的校園及幽美的環境
a picturesque environment and a spacious
campus
- 充足的人力資源
resourceful manpower
2位男女舍監及20位在校住宿老師(包括
2位全職樂器老師)
2 house wardens and 20 resident
tutors (including 2 full-time instrument
teachers)



寄宿課程 Boarding Programme

Life Skills Training
生活技能訓練

Cultural Activities
體藝薰陶

四大訓練領域
4 Major aspects

Personal
Management
Program
個人應用管理訓練

Community Service
社會服務

社會服務

Community Service

讓同學:

A new aspect added to ensure that:

- 懂得珍惜及感恩
the students learn to appreciate what they have in life
- 接觸弱勢社群
they are exposed to the less privileged in the society
- 有機會回饋社會
they have a chance to contribute to the well being of the society

- 探訪東華三院徐展堂學校中度智障學童宿舍



情

開心婆婆

梁月梅

蔡鎮基、譚卓桉、葉君陶、劉峻誌、李加然



「Don't Worry, Be Happy！」這句話常掛在一位年屆七十三的老婆婆嘴邊。

梁月梅，綽號「開心婆婆」。她認為即使面對困難和逆境，我們也要積極、開心地面對。

有一次，她做身體檢查時，醫生發現她的冠血動脈堵塞，於是建議她立刻做搭橋手術——一項高度危險的手術。當天，婆婆的親友們愁眉緊鎖，醫護人員神色凝重，可她卻表現得很輕鬆，還對眾人開玩笑，說：「你們還欠我一句『Happy Birthday』呢！手術成功後，記得給我一個生日蛋糕呀！」後來，手術成功，她清醒後發現病床邊的桌上有一塊蛋糕，那是醫生、護士兌現承諾呢！

婆婆為人樂觀，她的快樂常感染身邊的人。她逢星期五會到香島小學義務輔導小朋友功課，又教他們讀書寫字。小朋友們都喜歡親近她，與她打成一片。婆婆又定期參與其他義工服務，如帶領智障人士體驗農耕生活，生活過得充實、有意義。

開心婆婆和藹可親，在幾次見面中與我們幾個乳臭未乾的小子甚為投契，聊得起勁，肯定是她在「發功」呢！

遊藝社區—跨齡創作計劃



聽得見的故事—長幼共融音樂會



跨代共融計劃-探訪老人



齊惜福賽馬會綠色生活教育計劃



生活技能訓練

Life Skills Training

- 烹飪及家務
Cooking and
domestic skills



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Life Skills Training

- 烹飪及家務
Cooking and domestic skills
- 餐桌禮儀
Table etiquette



生活技能訓練

Life Skills Training

- 烹飪及家務
Cooking and domestic skills
- 餐桌禮儀
Table etiquette
- 簡單急救
Basic first-aid



生活技能訓練

Life Skills Training

- 烹飪及家務
Cooking and domestic skills
- 餐桌禮儀
Table etiquette
- 簡單急救
Basic first-aid
- 露營
Camping



生活技能訓練

Life Skills Training

- 縫紉
- Sewing



生活技能訓練

Life Skills Training

- 縫紉
Sewing
- 手工藝
Art & Craft



生活技能訓練

Life Skills Training

- 縫紉
Sewing
- 手工藝
Art & Craft
- 包書技巧
Book Wrapping



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Life Skills Training

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Sewing
- 手工藝
Art & Craft
- 包書技巧
Book Wrapping
- 攝影
Photography



個人應用訓練課程

Personal Management Program

團隊協作 · 領袖訓練 · 解難及溝通技巧訓練
Teamwork · Leadership · Problem Solving ·
Communication Skills

由專業人士負責授課，每星期上課一次，
整個課程上課12次，共18小時。

A 18-hour course comprising of 12 weekly sessions,
conducted by specialists.



文化活動 Cultural Activities

- 中秋晚會
Mid-Autumn Festival
Gathering



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Mid-Autumn Festival
Gathering
- 聖誕獻唱及聚餐
Christmas Carolling and
Parent - child Dinner



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- 寫揮春
Chinese calligraphy for
Lunar New Year



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- 寫揮春
Chinese calligraphy for
Lunar New Year
- Language Programme



文化活動 Cultural Activities

- 文化節目欣賞
Attending cultural shows



文化活動 Cultural Activities

- 文化節目欣賞
Attending cultural shows
- 歷奇訓練
Adventure - based Training

